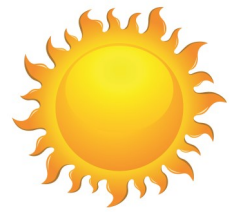


The LIMES

Surgery



Newsletter

Volume 1, issue 3

Summary:

- The practice recognizes there have been significant operational challenges managing the locum workforce in The Limes
- The Practice has successfully recruited 3 new permanent GP's to the practice who will join the team throughout July—September
- The practice has developed a 5 day / week prescribing support service to help manage the c1200 prescription requests / week
- The new practice website is proving a great success with many of you accessing services online
- Active Herts will run clinics in The Limes surgery and offer free exercise support for our patients.
- Hertfordshire Abdominal Aortic Aneurysm screening programme is provided by the NHS for men over 65.

Summer is finally upon us, the days are warm and the football has been keeping us entertained. Business at The Limes surgery is slowly settling into a routine although it has not been without it's challenges.

The practice has recognised running a service with almost 100% locum GP workforce is not sustainable in the longer term. It has been a frustrating exercise trying to manage such a diverse workforce and we apologise for any patients who have had their appointments changed over the last couple of months. Lea Valley Health would particularly like to thank the administrative team at The Limes for their continued support and dedication to the practice which has been tested somewhat due to the operational challenges a non substantive workforce bring.

New staff to the Practice

Looking forwards we are delighted to report the practice has successfully managed to recruit 3 substantive GP's who will start with us over the next 3 months. Dr Behrouz (Barry) Samadi will be the practice

clinical lead. Barry has over 28 years experience in Primary Care both in the UK and Australia. As well as a proven track record in clinical leadership Barry has a particular interest in minor surgery which we will look to develop in the practice.



Dr Ravinder Brar is a recently qualified GP who will start with the practice in August time. Dr Brar has a particular interest in Dermatology and will concurrently be working on his Dermatology diploma in conjunction with the Royal Free Hospitals trust. Finally the practice is delighted to welcome Dr Shimali Silva to the team. Shimali has been working as a GP in the Potters Bar area but due to travel she is keen to work closer to home. Dr Silva has a particular

interest in Women's Health and Diabetes, again we will look to develop these areas within the practice. Along with Dr Andrews we are confident the new doctors will work together to develop the practice and re-create a true family centered surgery, fit for the future.

In addition to the new GP's we will have Monday — Friday pharmacy support within the practice which will offer extra capacity to manage the c1200 / week prescription requests as well as face to face appointments for medication reviews. Mr Mohammed (Mo) Hassan will be leading this aspect of practice work.

Practice Website

The new website is proving to be a huge success already with many of you (c2800 visits / month) accessing services and self help information online. The practice received 235 online requests in May ranging from 'Ask the Dr a question' to chasing test results or requesting repeat prescriptions etc.

New Front door!

Finally ,we are delighted with our new front door which was fitted recently.



The practice is delighted to be able to offer Andy Rix some clinic space in the surgery. Andy runs the Active Herts programme for the Hoddesdon area which offers 12 weeks specialist help for you to find a fun and friendly activity to suit you and your fitness level. There is plenty to offer as the Active Herts project has set up a number of low impact exercise sessions across the Borough of Broxbourne which par-

ticipants can receive 12 weeks FREE. The Active Herts programme will accept self referrals as well as those through your GP / nursing team. For more information on the programme see the website www.activeherts.org.uk or contact Andy directly tel: 07506 503316.

AAA testing

Hertfordshire Abdominal Aortic Aneurysm (AAA) Screening Programme has been running in Hertfordshire since 2013. The programme is being offered free of charge to all men 65 or over.

The programme will routinely invite all men during the year of their 65th birthday but also screen gentleman over the age of 65 who self refer to the programme.

For further information please see our website, or men over 65 who wish to self refer should call 01727 897719 .

PPG

The Patient Participation Group continues to represent the needs of patients at The Limes surgery.

If you would like to be more involved please ask the reception team for more information.